
Resources for Individuals with Developmental Disabilities in North Bay, Ontario

By: Peggy-Sue New, and Kayla Strood
Developmental Support Workers

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Nipissing Association for Disabled Youth



What is NADY?

Nipissing Association of Disabled Youth is a registered organization to better fulfill services to strengthen the lives of children and young adults with developmental, and physical disabilities. This organization is special, as the board of directors are parents of disabled youth.

Mission, Values, and Beliefs of the Agency:

Mission: The purpose of NADY is to provide disabled youth, and young adults with the finest services, and programs possible. So, they may maintain, and grow to their best abilities.

Values: NADY wants to represent inclusion for everyone, to have friendships within the community, and to have acceptance for every individual with a developmental disability. Lastly, to improve the lives of individuals with developmental disabilities.

Services Provided by NADY: NADY provides a membership to over 130 families in North Bay. The organization

helps individuals, and their families with programs, services, and to provide the opportunity of inclusiveness within the community. NADY also helps with the stressful, and much needed expenses that families, and individuals tend to carry on their own for medical appointments, and recreational activities.

NADY owns, and controls a wheelchair accessible van for families who need to get to a medical appointment, for recreational outings, and for related programs to NADY.

These recreational programs are for children of six years of age, and older with developmental, and physical disabilities in North Bay. These programs include:

- 8 Week Summer Program
- Saturday Recreational Program
- Horseback Riding
- Downhill Skiing Lessons

Other Programs, and Services Available:

- Volunteer
- Bingo
- Becoming a Member

Contact Information:

Address: 400 McKeown Avenue
North Bay, ON
P1B 0B2 **Email:**
nady@onekidsplace.ca

Phone: 705-476-5437 ext. 3550

Christian Horizons



What is Christian Horizons?

Christian Horizons is a non-profit organization that is charitable, and faith based organization that works to enhance relationships, full-citizenship, values individuals gifts, and recognizes a holistic approach to individuals needs by using a person-centred approach.

Mission, Values, and Beliefs of the Agency:

Mission: To help individuals with disabilities to achieve their goals, and to support the community in a way that everyone belongs.

Values: To bring forth communities of belonging, in which every individual is equally valued, and respected, and to have the chance to contribute to strengthening the community, because of faith.

Services Provided by Christian Horizons:

Community Participation: This service offers opportunities that include skills development, community involvement,

employment, and volunteer opportunities. Along with recreational activities.

Community Residencies: These services provide a quality residential setting for individuals with developmental disabilities, who are in need of assistance in daily living. This service is person-centered, and helps individuals reach their goals.

Other Services Provided:

- Family Camp
- Church Engagement
- Accessibility Services
- Clinical Research Services
- Employment Supports
- Host family Services

Contact Information:

Address: 957 Lakeshore Dr, North Bay, ON P1A 2H1

Phone: (705) 476-6318

Community Living North Bay



What is Community Living?

Community Living is an organization that provides programs, and services to individuals, and families with intellectual disabilities. The programs, and services are provided to enhance the quality of life of individuals they support.

Mission, Values, and Beliefs of the Agency:

Mission: To provide individuals, and their families with intellectual disabilities valued care, and services that enhance their quality of life.

Vision: To help create a supporting, and accepting community where all individuals are valued, and respected.

Services Provided by Community Living:

Clinical Services: Are to help children, and adults with intellectual disabilities, and their families paid support to promote social, and emotional well-being.

Community Transition Services: Are services to help young individuals transition from high school to adulthood.

Family Home Program: Is a service that provides individuals with intellectual disabilities residential options that meet their needs, and desires to have a safe place to live.

Respite Services: Are available for families of individuals with intellectual, and developmental disabilities, relief, and support.

Employment First: This service works with employers, and business owners to meet the needs of employment within the community, but also assists candidates, and employers maintaining jobs, and performance expectations.

Other Services Provided:

- Inclusion Support Program
- Student Nutrition Program
- Adult Education
- Community Links Program

Contact Information:

Address: 741 rue Wallace North Bay
ON P1A 0E6

Phone: (705) 476-3288

Fax: (705) 476-4788

Email:
info@communitylivingnorthbay.org

Hands the Family Help Network



What is Hands?

Hands is a non-profit registered charity that is bilingual. It is an organization that is committed to helping children, youth, and adults with a developmental disability, and their families to achieve the best possible care, and help.

Mission, Values, and Beliefs of the Agency:

Mission: Hands mission is to provide client-based, professional, and skilled services to infants, children, youth, adults, and families with developmental disabilities, and difficulties to make a positive difference in their life.

Vision: To enhance the well-being of individuals, families, and the community, through effective clinical partnerships.

Services Provided by Hands:

Autism Services: Free weekly Autism Consultations are available for children, youth, and families.

Child Development Services: Hands provides Great Beginning groups for pregnant women, and new parents with a child under 2 years old. These services are available to address developmental concerns of a child, from birth to school age. Hands provides behavioural assessment, and treatment for children, and youth who experience challenging behaviour, or require support for new skills, because of their developmental disability.

Other Services Provided:

- Navigation Support
- Justice Services

Contact Information:

Address: 391 Oak Street East
North Bay, P1B 1A3

Phone: (705)-476-2293

Fax: (705)-495-1373

Email: info@handstfhn.ca

The Paddle Program



What is The Paddle Program?

Is a program designed by parents that received start-up funding through Ontario Ministry of Community, and Social Services, to help adults with developmental disabilities have long-lasting experiences.

Mission, Values, and Beliefs of the Agency:

Mission: To provide a special, and holistic learning environment for adults with developmental disabilities.

Vision: To offer services that will make a structured, important, and inclusive community based environment where adults with developmental disabilities can continue to succeed, and grow physically, socially, emotionally, and intellectually.

Services Provided by The Paddle Program:

The Paddle Program focuses around five core services.

Academics:

- Classroom Activities
- Library Activities
- Computer, and Lab Emailing

- Study of Current Events in the Community, Country, and World

Physical Fitness:

- Sport Activities, and Games
- YMCA Swimming
- Physiotherapy, Exercise, and Outdoor Activities

Recreation, and Leisure:

- Snoezelen Room
- Arts, and Crafts
- Sensory Art
- Music Experience

Life Skills:

- Menu Planning, and Budgeting
- Cooking and Food Preparation
- Housekeeping
- Grocery Shopping
- Laundry

Community involvement, or placement:

The Paddle Learning Centre provides motivation for participants to be active within the community, and to help provide exposure within the community to be later learned outside of the program setting.

Contact Information:

Phone: (705)-493-2401

Email: info@paddlenorthbay.ca

March of Dimes Canada-Kennedy Building



What is March of Dimes Canada?

Is a registered Rehabilitation Foundation for Disabled Youth, that was brought up by mother's across Canada to collect donations to help cure polio.

Mission, Values, and Beliefs of the Agency:

Mission: March of Dimes values a society that is all inclusive for individuals with physical disabilities.

Vision: To increase the independence, empowerment, and community participation of individuals with physical disabilities.

Services Provided by March of Dimes:

Accessible Travel Services: These services are provided to individuals, and families to make their traveling experiences less stressful.

Assistive Devices Program: Is a program that assist adult individuals with

physical disabilities in Ontario to buy, repair, and maintain a wide variety of assistive, and mobility equipment.

Attendant Care Services: These services are provided to give compassionate, professional, non-medical, assistance with activities of daily living in the home.

Passport Program: Is a program that is funded for adults with developmental disabilities to be able to participate in activities of daily living, and caregiver respite care within the community.

Other Services Provided:

- Brain Injury Services
- Augmentative, and Alternative Communication Services
- Employment Services
- Non-Profit Housing Locations
- Home, and Vehicle Modifications
- Accessible Transportation Services

Contact Information:

Address: 222 McIntyre St W Suite 310 - 305, North Bay, ON P1B 2Y8

Phone: (705)-498-6296

Email:
neindependence@marchofdimes.ca

Website:
<http://www.marchofdimes.ca/>

Adult Enrichment Centre- North Bay



What is the Adult Enrichment Centre?

Is a life skills centre for individuals with physical, and developmental disabilities. Their main focus is to help individuals to become as independent as possible, with considering their abilities.

Mission, Values, and Beliefs of the Agency:

Mission: The mission of the Adult Enrichment Centre is to help individuals with physical, and developmental disabilities, become more independent within their settings, and within the community, and to have a safe, happy, bright, and nurturing place to do so.

Vision: Not focusing on the individuals physical, or developmental disabilities, but working with the disabilities, and finding the individuals strengths.

Services Provided by the Adult Enrichment Centre:

The Adult Enrichment Centre provides a day program that is individualized to the person's needs. The day program helps the individual to be motivated, helps nurture, and to promote growth.

The program includes:

- Life Skills Training
- Independent Life Skills for at home, and out in the community
- Employment Opportunities
- Work Incentive Programs

Other Services Provided:

The Adult Enrichment Centre mainly focuses on all levels of needs. Whether that be:

- One-on-One Care
- Specialized One-on-One
- Complex Care
- Higher Functioning Care

Contact Information:

Address: 219 Main St E, Suite 217
North Bay, ON
P1B 1B2

Phone: (705)-478-7773

Email:
adultenrichment.northbay@gmail.com

Website:
<https://www.adultenrichmentcenter.ca/>

Physically Handicapped Adults' Rehabilitation Association



What is PHARA?

Phara is a non-profit charitable organization of the Physically Handicapped Adults' Rehabilitation Association, of the district of Nipissing-Parry Sound.

Mission, Values, and Beliefs of the Agency:

Mission: Phara provides services in both English, and Fracias to individuals with disabilities, as well as housing accommodations for individuals who have low, or moderate incomes.

Vision: To provide services, advocacy, and to help individuals presume responsibility, and integration in society.

Services Offered by PHARA?

Attendant Care Supportive Housing:

This service provides 24 hour day assistance with care needs, homemaking services, as well as other needs associated with daily living.

Attendant Outreach: This is a program offered by PHARA that provides

Personal Support Services to adults in the North Bay, and Surrounding Communities.

Transition to Home Program: This service assists individuals with a 90 day transitional period from hospital to home, to long term care, or retirement facility.

Other Services Provided:

- Enhance Congregate Care
- Loan Out Cupboard
- Meals on Wheels
- Post Stroke Rehabilitation
- Monthly Stroke Support Group
- Stroke Community Navigation Services
- Living with Stroke
- TIME
- FAME
- Cognitive Remediation Program for Stroke

Contact Information:

Address: 280 Oakwood Avenue
North Bay, Ontario P1B 9G2

Phone: (705)-476-0733

Fax: (705)-476-9287

Email: phara@phara.org

Website: <https://www.phara.org/>

Canadian Hearing Society-Regional Office North Bay



What is Canadian Hearing Society?

Is a resource for the hard of hearing, and deaf community that provides clinical services, products, and education to adults, and children.

Services Provided by Canadian Hearing Society:

CHS provides many programs, and services to those that are hard of hearing, and deaf. The services that are available for individuals include:

- Accessibility Services
- Counselling Services
- Education Programs
- Employment Services
- Hearing Healthcare

Other Services, and Programs Available:

- Sign language interpreting
- One-on-one language development
- Employment consulting
- Sign language instruction
- Speechreading training

- Hearing testing
- Hearing aid assistance
- Counselling

CHS also assists individuals with the right communication, and augmentation devices such as:

- Visual Smoke Detectors
- Signalling devices, and alarm clocks
- Text telephones

Contact Information:

Address:

140 King Street West,
Unit 7
North Bay, ON
P1B 5Z7

Phone: 1-866-518-0000

Email: info@chs.ca

Website: <https://www.chs.ca/>

One Kids Place Treatment Centre



What is One Kids Place?

One Kids Place is a non-profit organization. That works with twenty other centres across the province, that are similar centres to One Kids Place. The partnership helps to develop best practices by sharing ideas, and expertise. The centres are linked to a research group (CanChild) that has a focus on children with special needs. The research analyzes client services, and provides research based recommendations for improvement.

Mission, Values, and Beliefs of the Agency:

Mission: One Kids Place brings families, and partners together to make a difference in the lives of children, and youth with special needs. Through interdisciplinary supports, services, and therapy. The team of professionals empowers every child to reach their full potential, and to create a place of belonging in the community.

Services Provided by One Kids Place:

Occupational Therapy: Helps individuals function at their best in everyday roles, and tasks.

Speech-Language Therapy: Helps individuals with speech, language, and communication delays.

Physiotherapy: Helps children, and youth with movement, and mobility.

Social Work: Helps support children, youth, and their families while receiving therapy services.

Therapeutic Recreation: Helps Individuals participate in leisure activities, and increase their independence.

Infant Hearing Program: Helps support, and give services for infants identified as having permanent hearing loss.

Autism Services: Communication services, and activities for children, and youth with Autism Spectrum Disorder.

One Kids Place Clinics: Helps with developmental, feeding, swallowing, and other specialties.

Contact Information:

Address:

400 McKeown Avenue,
North Bay, Ontario
P1B OB2

Phone: (705)-476-5437

Website: www.onekidsplace.ca

PEP Employment Centre



What is the PEP Employment Centre?

The PEP Employment Centre is a free employment service that is available for individuals with physical, developmental, and mental health disabilities. The services provided by the centre are self-directed, and client motivated. They offer a hands on approach to becoming job ready. PEP Employment Centre has a barrier free design, and equipment that motivate individuals with barriers to be self-sufficient in preparing for the individual to become job ready.

Mission, Values, and Beliefs of the Agency:

Mission: To promote equal chances of employment for individuals with disabilities. Through partnerships with community members, businesses, and organizations.

Vision: To provide individuals with resources to obtain, and maintain employment, while encouraging

individuals to be more independent, and to help their self-confidence.

Services Provided by PEP Employment Centre:

- Developing a Resume
- Creating a Cover Letter
- Practicing Interview Skills
- How to Market yourself to Employers
- Information about the Local Job Market
- Maintaining Employment
- Motivation and Goal Setting Support
- Life Skills for Employment Workshops
- Access to Computer Needs, and Phone Access
- Assistive Devices

Contact Information:

Address:

351 Ferguson Street, 2nd Floor
North Bay, ON
P1B 1X1

Phone: (705)-494-4774 EXT. 221

Email: PEPEC@PEPPLACE.ORG

Website: <https://pepec.ca/>

Nipissing Mental Health Housing & Support Services

(Formerly Canadian Mental Health
Association Nipissing Regional Branch)



What is Nipissing Mental Health Housing, and Supports?

Nipissing Mental Health Housing, and Supports is a North Bay Mental Health organization that specializes in support services with individuals who have developmental disabilities, and mental illness.

Mission, Values, and Beliefs of the Agency:

Mission: The agency would like to promote healthy well-being, and to help individuals achieve their full potential by providing collaborative support, advocacy, and long-lasting housing through a respectable, and culturally diverse approach to care.

Services Provided by Nipissing Mental Health Housing, and Support Services:

- Mental Health Case Management

- Addictions Treatment, and Services
- Developmental Services
- Peer Support, and Recreation
- Family Programs
- Employment Centre
- Mental Health, and Law Programs
- Housing Program
- Properties

Contact Information:

Address:

222 Main Street East
North Bay, ON P1B 1B1

Phone: (705)-476-4088

Website: <https://nmhhss.ca/>

Community Counselling Centre of Nipissing



What is the Community Counselling Centre of Nipissing?

Community Counselling Centre of Nipissing is a non-profit organization that provides professional counselling, and community programs to couples, family, and individuals. The centre also has public education, and consulting services to community organizations, and industries. The centre also welcomes, and encourages individuals with disabilities to join them.

Mission, Values, and Beliefs of the Agency:

Mission: The agency's mission is to promote, and support the health, and wellness of individuals living within North Bay, and Area.

Services Provided by the Community Counselling Centre of Nipissing:

Developmental Services: The center provides services in Case Management, Advocacy, and Person Centered Planning.

- Addiction Services

Other Services Provided:

- Structured Relapse Prevention Services
- Guided Self Change
- Back on Track Services

Contact Information:

Address: 361 McIntyre Street East,
North Bay, Ontario

Phone: (705)-472-6515

Email: info@cccnip.com

North Bay Regional Health Centre-Developmental Disabilities Services

Phone Number: 705-474-8600 ext.
3562 or ext. 3506

Fax: 705-494-3189



Website:

<http://www.nbrhc.on.ca/programs-services/mental-health-programs-services/regional-outreach-seniors-mental-health-program/developmental-disabilities-service-dds/>

Description:

Mission: “Our goal is to support mental health and recovery, improve quality of life, and prevent unnecessary hospital stays.”

Services Provided:

- Assessment
- Consultation
- Ongoing treatment and care for adults with a dual-diagnosis
- Community based teams
- Provides care that is patient and family centered that takes into account their physical and mental health needs as well as their personal needs in their life.

Contact Information:

Address:

50 College Drive,
P.O. Box 2500
North Bay, ON
P1B-5A4

Victorian Order of Nurses



Description: VON is a not-for-profit organization that works with the individuals supported as well as their employees and volunteers so that they can provide the best care possible. They provide a variety of care to meet various needs such as but not limited to their clinical, personal, and social needs for people living at their own home in their own communities.

Mission: “We help people live in their homes and communities by delivering the caring support that they and their families need.”

Services Provided:

- Acute Pediatric Care
- Adult Day Program
- Alzheimer's Day Program
- Bereavement Services (for children and adults)
- Breastfeeding Consultation
- Caregiver Support and Education

- Case Management Services and Hospital Liaison
- Client Intervention and Assistance
- Clinic Nursing
- Collective Kitchens
- Community Integration Program
- Companion, Homemaking and Personal Care Services
- Congregate Dining
- Diabetes Education Program
- DNA Paternity Testing
- And so many more

Contact Information:

Address:

180 Shirreff Ave,
North Bay, ON
P1B 7K9

Phone Number: 1-705-472-8050

Website:

<https://www.von.ca/en/site/national>

Ontario Early Years Centre



Description:

EarlyON is an interactive program within Community Living that helps support children (from birth to six years old) and their families. They teach ways to help parents support their child's learning, development and overall well-being. They learn through various programs that use exploration, play and encouraging questions. The child and their families play a role together so that the children thrive better and all of their programs are free with no hidden charges.

Mission: "Our literacy rich programs will promote lifelong learning and will give children the best possible start in life."

Services Provided:

- How does learning happen?
- Circle (Birth to 6 years)
- Bilingual Circle (Birth to 6 years)
- Welcome Home Baby (Birth to 4 months)
- Baby & Me (Birth to 12 months)
- Breastfeeding Circle

- Infant Massage (Birth to 12 months)
- Introducing Baby's First Foods

Contact Information:

Address:

171 Chippewa Street West
North Bay, ON
P1B 6G3

Phone Number: 705-474-8910 ext. 0

Website:

<http://communitylivingnorthbay.org/services/ontario-early-years-centre-nipissing/>

Victim/Witness Assistance Program



Description:

These services are available for if you have been a victim or a witness of a violent crime and need to go to court. If you have questions about the court system and don't understand what might be expected of you. If this is the case then the victim/witness assistance program is a great resource and can have a conversation with you and provide help based on the case information and your needs. The service is available from the time that the police laid charges until the court case is finished and is a completely free service across Ontario.

Services Provided:

People get the services based on a priority basis to victims and witnesses of violent crimes from domestic violence, child abuse, sexual assault, elder abuse, homicide, hate crimes and so on.

These services are available to:

- Victims with special needs
- Families of victims of homicide

- Families of victims of traffic fatalities resulting in criminal charges.
- Age-appropriate information and services are available for children

Contact Information:

Address:

360 Plouffe St
North Bay, ON
P1B-9L5

Phone Number: 1-705-495-8339

Website:

<https://www.attorneygeneral.jus.gov.on.ca/english/ovss/VWAP-English.html>

North Bay Indigenous Friendship Centre



Description and Mission: “The mission of the North Bay Indigenous Friendship Centre is to improve the quality of life for First Nation, Metis, and Inuit people in the urban environment of North Bay by supporting self-determined activities which encourage equal access and participation in society and which respects Aboriginal culture distinctiveness.

The North Bay Indigenous Friendship Centre provides a wide array of programs and services to support Aboriginal people of all ages. An important part of our mandate is to serve as a gathering place for Aboriginal and Non-Aboriginal people. The Centre is a place where Aboriginal culture is celebrated, friendships are made, knowledge and skills are shared and good times are enjoyed.”

Services Provided:

- Child and youth services
- Health
- Legal programs

- Culture (Indigenous)
- Employment and housing
- Urban aboriginal strategy

Contact Information:

Address:

980 Cassells St
North Bay, ON
P1B-4A6

Phone Number: 1-705-472-2811

Website: <https://nbifc.org/>

North Bay Parry Sound District Health Unit



Mission: “To foster healthy living within our communities by preventing illness, promoting healthy choices and providing trusted support and information.”

Services Provided:

Promotion of healthy living lifestyles which include:

- Nutrition
- Active living
- Reproductive, sexual and dental health
- Child development

Promotes prevention of:

- Tobacco use, substance and alcohol misuse, and injuries.
- Diseases through clinical services for immunization, dental, and sexual health

Aims to protect the community from infectious diseases and environmental hazards found in food, water, air, and soil.

Also a great resource to prepare for, respond to and support recovery from major emergencies

Contact Information:

Address:

345 Oak St W
North Bay, ON
P1B-2T2

Phone Number: 1-705-474-1400

Website:

<https://www.myhealthunit.ca/en/index.aspx>

**North East Local Health
Integration Network (LHIN)
Home and Community Care**



Description:

“We plan, fund and integrate health care as well as deliver home and community care to people across Northeastern Ontario.”

LHIN are there to make sure that the local healthcare system is working well so that anyone who needs care is receiving it. They are the largest direct service providers for home and community care in Northeastern Ontario and each day they provide care for more than 16,000 people of all ages.

Mission: “Integrating locally-tailored, high-quality, timely care for Northerners.”

Services Provided:

- Direct service providers of home/community care
- Manage eligibility and admissions to:
 - Long-term care homes
 - Short-stay respite
 - Assisted living
 - Adult day programs
- Care is planned and provided by a multidisciplinary team including:
 - Care coordinators
 - Physicians
 - Nurses
 - Physiotherapists
 - Occupational therapists
 - Speech and language pathologists
 - And more

Contact Information:

Address:

555 Oak St E 3rd Floor
North Bay, ON
P1B-8E3

Phone Number: 1-705-840-2872

Website: <http://www.nelhin.on.ca/>

**Other Services Available in North Bay,
and Surrounding Areas for Individuals
with Disabilities**

Disability Supports:

Ontario Disability Support Program Dokis-Martin River-Mattawa-North Bay-Redbridge

(Social Services Organization)

Address: 621 Main St W, North Bay, ON P1B 2V6

Phone: (705)-474-3540

Brain Injury Supports:

Brain Injury Association of North Bay and Area

(Providing support, information, and assistance to individuals, and families who are affected by a brain injury)

Address: 222 Main Street East
North Bay, ON P1B 1B1

Phone: (705)-478-8664

Email: contact@bianba.ca

Brain Works

(Rehabilitation Centre for individuals who require help after a brain injury,)

Address: 432-101 Worthington Street East,
North Bay, ON
P1B 1G5

Phone: (705) 492-1715

Fax: (705) 787-0698

Website: <https://brainworksrehab.com/>

Mental Health Supports:

**North Bay Regional Health Center
(Complex Continuing Care and Seniors Mental Health- Evergreen Lodge)**

Address: 50 College Drive
North Bay

Phone: (705)-476-6240 EXT. 6290

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