

	<b>Dimensions:</b> <b>Safety</b>	<b>HAO Standard:</b> <b>3.2a</b>	<b>Policy:</b> <b>Safety #12</b> <b>Cross Reference:</b> <b>Competence #1</b>
	<b>Original Approval Date:</b> <b>April 21, 2003</b>	<b>Date Revised:</b> <b>February 2, 2009</b>	<b>Revision Approval Date:</b> <b>August 31, 2009</b>

**TOPIC: ASSISTANCE WITH PHYSICAL CARE**

**POLICY STATEMENT:**

Volunteers may provide comfort measures to assist the client and family caregivers with physical needs following required training.

**PROCEDURE:**

1. All volunteers must have required training. Practical Comfort Measures are part of the required training provided by a qualified instructor. (See Policy Competence # 1 for education/training)
2. The volunteer provides comfort measures as identified through the Individual Palliative Care Plan (Form 089). Comfort measures may include:
  - Change a client's position
  - Sponge the client's hands and face
  - Give a back rub
  - Provide a foot soak and/or rub
  - Give a bed pan/urinal remove it and clean the client
  - Assist with nourishment
  - Assist with oral cleansing
  - Assist the client with toileting
  - Therapeutic Touch
3. Additional assistance with personal care may be considered by the Program Administrator/delegate, on an individual basis. The Program Administrator/delegate will arrange for additional training if required. Training must be provided by a qualified instructor.
4. A **Revised Individual Palliative Care Plan** (Form 089) must be completed, when any changes occur.

**REVISION HISTORY:**

<b>DATE mm/dd/yyyy</b>	<b>REVISED BY</b>	<b>REVIEW ONLY (✓)</b>	<b>COMMENTS / MODIFICATIONS</b>	<b>BOARD APPROVAL DATE: mm/dd/yyyy</b>