

## Homemade Sugar Scrub



Start by removing the melt and pour soap base, cut about a 1 inch slice off. Cut it into smaller pieces so that it melts easily. Melt in the microwave using 20 second intervals. Pour a thin layer of sugar on the bottom of 8X8 pan.

In a mixing bowl, combine:

1/2 cup of melted soap base. I used 'Stephenson's goat milk melt and pour soap base' from Amazon \$14 for 2 lb tray (5-6 batches)

1/2 cup of sugar

1 teaspoon of jojoba oil. I got mine online for \$6 for 4 oz

Add a few drops of any Fragrance oil if you wish to.

If it hardens too quickly, microwave it again for a bit.

In order to make them pink, add LESS than 1 drop of red food coloring. Do this by placing a drop of red food coloring on a plate. Then, dip the tip of a spoon into the drop of food coloring allowing the tiniest bit to be on the spoon. Next, pour the sugar scrub mixture over the layer of sugar in an 8X8 pan. Let it dry and harden for about 5 minutes. Slice into cubes. Alternately, you can just roll into small balls. (this is easier to do if you put some sugar on your hands before you roll them)